Marlboro Central School District

Adult Education

Cindy Storno, Adult Education Coordinator







ADULT SWIM LAPS

Phyllis Trapani

Take pleasure in a body-friendly hour of freestyle swim laps. Instruction and guidance provided as needed.

Mondays, March 4—May 20 • 6-7 PM • \$60 Marlboro High School Pool

(No Class April 15 & 22)

CO-ED VOLLEYBALL

Linda Farrell

Smile, laugh, and enjoy playing this fun and timeless game.

Tuesdays, Feb. 5—April 30
7-9 PM • \$70
Marlboro Elementary School
Gym 3-5
(No Class April 16)



Taura Rutigliano

This class will guide you through body opening poses, loosening tension and relieving stress while strengthening. Beginners to advanced students welcomed! We will be moving at a slower pace and

holding stretches longer to develop an

awareness of self. Leave relaxed, content, and ready to take on life! Please bring a yoga mat.

Mondays, March 11—May 13 *OR*Wednesdays, March 13—May 8
6:30-7:30 PM • \$35
Marlboro Intermediate Cafeteria 3-5
(No Class April 15, 17 & 22)







AN INTRODUCTION TO AMERICAN SIGN LANGUAGE

Diana Phelps

In this course, students will learn fingerspelling, numbers, terminology, Deaf culture and history, basic vocabulary, and grammar. Students will also discuss trends in animal and baby sign language. Emphasis is placed on receptive and expressive signing skills. An exposure to the Deaf community will be presented and students will be given opportunities to participate in the community.

Wednesdays, March 6—May 1 • 6-7 PM • \$40 Marlboro High School Room #10

(No Class April 17)

PEDIATRIC CPR

Margaret McVeigh

You'll learn techniques for handling a life-threatening emergency if a child is choking or isn't moving or breathing because of a fall or a near drowning. This would be a great class for parents, grandparents, or caregivers. Limited space. A \$25 fee is payable to the instructor if you would like to be certified.

Wednesday, May 22 • 6-9 PM • \$20 Marlboro High School Room #10

KNITTING & CROCHETING

Eleanor Spagnola



Whatever your skill level, you'll love this class! Bring knitting and/or crocheting needles and whatever yarn

you like to class.

Tuesdays, March 12—May 21 • 7-9 PM • \$60 Marlboro High School Media Center (No Class April 16)

SPRING BULB BASKET



Portia Cozzolino

Thinking of spring and beautiful flowers? Then this is the class for you. Come and get your bulbs started for spring in this class and be ready to transplant them into your garden. A \$35 material fee (spring flowers, soil, etc.) is payable to the instructor the night of the class.

Wednesday, April 24 • 6:30-7:30 PM • \$10 Marlboro High School Room #2

PATIO PLANTERS

Portia Cozzolino

Using annuals, we will create a beautiful planter for your patio. Students will have a choice of four plants and an accent for their planter. Students may bring a small hand shovel and gloves. Let's learn about using the right soil and fertilizer, and how to care for your planter so it lasts all summer! A \$34 material fee (planter, plants, soil, etc.) is payable to the instructor the night of the class.

Monday, May 13 • 6:30-7:30 PM • \$10 Marlboro High School Room #2

FLORAL SURPRISE

Portia Cozzolino

Do flowers make you smile? Come to class and make something just for you. Find your creative side with beautiful fragrant in-season blooms that will keep you smiling. Please bring a small shovel and gloves to work with. A \$29 material fee (planter, basket, soil, etc.) is payable to the instructor the night of the class.

Tuesday, June 11 • 6:30–7:30 PM • \$10 Marlboro High School Room #2



EVENING UNDER THE STARS

Robert DeMarco

Spend an evening under the stars at Marlboro High School's Planetarium. Explore the night sky, the planets, and deep space. Weather permitting, a viewing of the waxing crescent moon and the planet Mars will take place in the rooftop observatory!

Thursday, April 11 • 7-8 PM • \$5 Marlboro High School Planetarium

THE DSLR (DIGITAL SINGLE LENS REFLEX) CAMERA



Joel Naselow

You've spent the money, now let's get your money's worth! Learn the features and tools available on the DSLR and get away from the green "auto" setting. You'll be using your camera like a pro!

Thursdays, May 2—May 23 • 6-7:30 PM • \$30 Marlboro High School Media Center Lab

WINDOWS 10 COMPUTER CLASS



Joel Naselow

Afraid of and confused about understanding the Windows 10 operating system on your laptop or desktop PC? This course will make those concerns vanish. Simple explanations about how to use your PC within the Windows 10

environment will help you use your system more efficiently and safely. You do not need to be a technology savvy student to understand this course.

Wednesdays, May 1—May 15 • 6-7:30 PM • \$25 Marlboro High School Media Center Lab

NAVIGATING THE IPAD



Joel Naselow

At the conclusion of this course you will understand iPad hardware and all of its settings and connect with the outside world via internet, social media, etc. Learn how to sync with iTunes to load applications, music, and video with or without the use of a PC. Understand "cloud" shortcuts and applications such as video editing, Facetime, Skype, calendars, etc.

Mondays, May 6—May 20 • 6-7:30 PM • \$25 Marlboro High School Media Center Lab

GED/HIGH SCHOOL EQUIVALENCY

Ulster BOCES

This course is intended to prepare students to pass the GED/High School Equivalency exam. Participants will learn in a welcoming, relaxed and supportive environment. Must be 18 years or older. Please bring a notebook, folder, pencils and pens, and highlighters.

Tuesdays & Thursdays • 5-8 PM FREE: Must Register First (Need eight (8) students for class to run) Marlboro High School Media Center



LEARN TO SPEAK ENGLISH

Ulster BOCES

Learn to converse in English. Instruction will be in speaking, reading and writing English (includes citizenship education). Must be 18 years or older. Please bring a notebook and pencils.

Wednesdays • 5-8 PM FREE: Must Register First (Need eight (8) students for class to run) Marlboro High School Media Center



Important Class Information

NO CLASSES ON THE FOLLOWING DATES

February 15 & 18, March 1, April 15, 16, 17, 18, 19 & 22, May 24 & 27, 2019, and any day school or school activities are cancelled. Check the District website or contact the Office of Adult Education for cancellation information.

REFUND POLICY

Refunds for withdrawing from a course will be honored only until the completion of the first class. If you choose to withdraw from a course, you must do so in writing to the Office of Adult Education no later than the day following the completion of the first day of class.

ALL COURSES FOR SENIOR CITIZENS (65+): NO MORE THAN \$25

Marlboro Adult Education Registration Form

—Please complete all contact information—

Name	Email
Address	Phone (required)

Name of Participant	Age	Course	Date/Day/Time	Fee

Please make check/money order payable to: Marlboro Adult Education

Mail payment and registration form to:

Marlboro Central School District ATTN: Marlboro Adult Education 21 Milton Tpke, Suite 100 Milton, NY 12547



All courses for Senior Citizens (65+): no more than \$25 PRE-REGISTRATION IS REQUIRED!

MARLBORO CENTRAL SCHOOL DISTRICT BOARD OF EDUCATION

Frank Milazzo, President Susan Horton, Vice President John Cantone Russell Conley James Kuha John Marro Tony Perugino

SUPERINTENDENT OF SCHOOLS

Michael Brooks

www.marlboroschools.org cindy.storno@marlboroschools.org

Take a Class!

We encourage all of our community members to take advantage of the course offerings outlined in this brochure. Wherever your interests lie or whatever your needs may be, there is truly something for everyone. Sign up today!

Teach a Class!

Do you have something to offer the community? Our classes have covered a broad spectrum of interests over the years: areas as diverse as art, music, computer, cooking, health and wellness, photography, etc. If you have knowledge or a skill you would like to share, this may be for you. Please contact the Adult Education Office at (845) 236-8000 x1200 and speak with us about completing an Adult Education proposal form. The personal enrichment of teaching will certainly be felt by students and teacher alike.

OFFICE OF ADULT EDUCATION

Cindy Storno Adult Education Coordinator Marlboro Central School District 21 Milton Tpke, Suite 100 Milton, NY 12547

(845) 236-8000, ext. 1200 (845) 795-5908 Fax NONPROFIT ORG. U.S. POSTAGE PAID NEWBURGH, NY 12550 PERMIT NO. 4201

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