

REMOTE LEARNING

At-Home “Classroom” Tips



Here are a few things to consider when developing your learning environment at home:

Setting up a learning routine and structure:

While learning at home will look different than learning at school, you can create a predictable routine that helps to maintain consistent expectations for your children. To create a routine that works for your children, consider the expectations given from your children's teacher, as well as, what works best for your family.

Creating a physical work space:

Make a designated workspace for your child. Have your child help create his or her area to make it meaningful and exciting to them! Make sure your child has all his or her materials ready, such as, a digital device, work kit, writing equipment, manipulatives, books, etc. While some children may be able to work in multiple areas around the house, other children may need a consistent work area. This may help them decipher between work and play time. During work time, be sure to limit outside distractions!

Providing Mental Breaks:

People of all ages need time to reset and refocus. Younger children may need more breaks than older children. Gauge your children's level of attention and focus during specific tasks and offer “brain breaks” as needed. You may also decide to break up tasks into smaller chunks to make it more manageable. Visual timers can also be a great tool for time management. This is essential to help limit frustration for your child and you, as well.

Offer Positive Reinforcements:

Give your children praise! It's not easy to stay focused and motivated to learn, especially when life seems more unpredictable than usual! This experience is new for everyone including teachers, parents, and students. Praising your child's effort sends the message that you value their learning more than their performance. This, in turn, will increase their growth mindset and desire to continue learning.